



Co-Occurring Joint Action Council (COJAC) Work Group Meeting Minutes, August 22, 2007

Participants

Policy Council Co-Chairs: Marjorie McKisson (ADP)

Workgroup Co-Chairs: Cheryl Trenwith (CADPAAC) and Marvin Southard (CMHDA)

Workgroup: Dave Neilsen (DMH), Jim O'Connell (SMRS), Carol Wilkins (CSH), Tom Renfree (ADPI/CADPAAC), Sandra Naylor Goodwin (CiMH), Jerry Wengerd (CMHDA), Vivian Brown (Prototypes)

Other COJAC Staff: Alice Trujillo (ADP), Kevin Furey (ADP), Darien De Lu (ADP), Alice Washington (CiMH)

Guest: Singh Khalsa Gurubanda (LA)

Welcome and Introductions

Marjorie McKisson of ADP called the meeting to order at 10:20 am and introduced herself as Acting Assistant Deputy Director, replacing Carmen Delgado. Alice Trujillo who is the new supervisor for the ADP COD Unit also introduced herself. The other members introduced themselves, also.

The Co-Chairs began to facilitate the meeting.

Review the Minutes

Jim O'Connell made a motion to accept the minutes of June 2007.

Carol Wilkins made an amendment. On Page 6 of the minutes, under Action Items, bullet one, the notes should read, "In regards to the SAP, progress has been made and the work will continue on Action Plan item 5.1.2."

Jim restated the motion as amended. Sandra Naylor Goodwin seconded. There were no objections and the motion was approved.

Review and approve agenda

The agenda was reviewed and approved with the following additions:

Marvin Southard added a New Business item-COJAC representation at the LA County MHSA Prevention and Early Intervention planning. Marvin wanted a COJAC member to participate in their MHSA PEI planning.

Sandra Naylor Goodwin wanted to add two new business items under the Partnership Subcommittee report. She wanted to report on the February 2008 California Mental Health Policy Forum and the CiMH COD Initiative which they are planning with ADPI.

Carol Wilkins added a Housing Subcommittee report and update.

Review and approval of 2008 schedule of meetings

Darien De Lu, of ADP, provided the Workgroup members with the proposed dates for next year's COJAC meetings. These dates will be finalized at the next COJAC meeting. The proposed meeting dates are:

Workgroup

Jan. 16
Apr. 16
June 11 (collapse with Policy Council w/directors)
Aug 13
Oct. 15

Policy Council

March 10th week
June 9th week (collapse with June 11th w/directors)
Sept. 8th week

It was decided that there would be final approval of the 2008 meeting schedule after the Policy Council had the opportunity to convene.

Old Business

Updating the COD SAP

Cheryl Trenwith began the discussion about the process for updating the State COD Action Plan (SAP), which was old business. She provided a suggestion. Should the subcommittees be charged with the SAP revisions?

Dave Neilsen of DMH talked about their department's involvement. DMH leadership has been asked to review the SAP. They will soon outline their priorities.

Action Items

1. Marvin Southard felt that the Workgroup should have the SAP work prioritized with DMH goals in order to make all work mutually helpful. Sandra Naylor Goodwin suggested scheduling an informal meeting with the Workgroup Co-Chairs and Elaine Bush of DMH. Marvin Southard also suggested a meeting with Carol Hood of DMH MHSA. Cheryl Trenwith also suggested an informal meeting with the Workgroup Co-Chairs and Renee Zito of ADP. The Workgroup Co-Chairs will follow-up.
2. In regards to updating the COD SAP, the Workgroup would reflect on the plan and the subcommittees would revise their areas. The recommendations from them would automatically go to the Policy Council which would include both department directors.

Workgroup Reflections on the COD SAP

General Preliminary Reflections

Cheryl Trenwith and Sandra Naylor Goodwin recommended that a Priority be made around Workforce Development so that staff can provide integrated services for COD.

Tom Renfree recommended updates for the completion dates and reflect which subcommittee was responsible for each strategy.

Sandra Naylor Goodwin recommended analyzing any existing policies to that can help make strategies happen.

Jerry Wengerd stated that when products came along that counties can use, the work of COJAC becomes more important; concrete actions are important. Jim O'Connell concurred.

Marvin Southard stated that COJAC needs models (example, Drug Courts w/mental health) to disseminate for county use.

Carol Wilkins stated that the products from Housing Subcommittee have been helpful to counties especially for the MHSA plans.

Everyone agreed that it is important to:

- Find ways to flag significant activities in the SAP that may not be managed by COJAC
- Look for linkages i.e., partnerships in the SAP with others; the subcommittees are especially in a good position to identify linkages.

Action Items and Decisions

Action Items:

Cheryl reiterated the general decisions that were made about the SAP:

1. There would be no new SAP, but the subcommittees would update their areas
2. The matrix would be changed to reflect: completion of items, target dates and status (Completed, Ongoing, and Continuous); review SAP Strategies for completion and ongoing expectations.
3. The Workgroup and subcommittees would define the necessary linkages, i.e., partners for their involvement in the SAP.
4. There would be a new Workforce Development section/priority.

Cheryl Trenwith stated that after the SAP is updated, the Workgroup would look at membership.

Action Items:

There was a recommendation that the Policy Council review the current recommended appointments at their September meeting, especially consumers, and obtain the two directors approval.

Darien De Lu will identify dates for the Policy Council to meet so as to follow-up on the current Action Item list.

Workforce Development

Decisions:

The Workgroup agreed to include Workforce Development under this subcommittee. Sandra Naylor Goodwin and Tom Renfree agreed. They would be the co-chairs for this new priority.

The **Charge** for this new priority is: Workforce Development using a recovery model for the treatment for COD

- Strategies/Actions will be developed later.
- The other subcommittees will give some thought to what is critical to workforce development in their areas.

Funding/Financing

There we no significant reflections for this area.

Screening

Decisions:

It was agreed that this subcommittee will take on any tasks and actions related to DDCAT.

Licensing & Certification

The SAP needs new direction in this area.

Darien De Lu stated that one pilot site visit has been completed in the joint dual Medi-Cal certification pilot. Jerry Wengerd reported that the joint dual Medi-Cal certification pilot was presented at the CMHDA Medi-Cal Policy Committee. The pilot happened somewhere in the Southern region.

Action Item

Sandra Naylor Goodwin stated the Workgroup needs to have a report about the outcomes of the pilots. Marvin stated that the outcomes of the pilots may point to the need or no need for joint dual Medi-Cal certification.

Sandra Naylor Goodwin reiterated the need for a conversation on treatment quality issues once these pilots are completed; COJAC should understand the importance of the quality of services and quality of life issues for consumers.

COJAC Policy Council Report

Policy Council has not met, so there was no report.

State Reports

ADP

Marjorie McKisson reported that the Director has expressed interest in co-occurring disorders. She has been briefed about COJAC.

Alice Trujillo reported on the work of the COD Unit.

- The COD Unit is performing a pilot with the DDCAT.
- The COD Unit is writing a RFP for the Screening Tool and they are asking for an evaluator to validate the tool.

DMH

They are in the midst of a re-organization.

Subcommittee Updates & Outcomes

Funding/Finance

Kevin Furey, of ADP, provided this report. There is a need for more members. Please send recommendations to Kevin Furey and Mary Hale.

The subcommittee is taking a position to support MHSA PEI and COD. Tom Renfree stated their meeting discussion also focused on how PEI could provide services for high risk children populations with developing COD.

Marvin Southard stated that it is important for counties to develop PEI program models that are outlined with AOD services in mind in order to incorporate MH services into AOD treatment. Sandra Naylor Goodwin stated that the MHSA PEI framework has the potential to address useful strategies for AOD/MH/COD. Vivian Brown suggested using SAMHSA's National Registry of Evidence-based Programs and Practices website to identify EBP interventions for drug prevention. This was stated in response to Marvin Southard's comments that counties would need an EBP menu for PEI.

Action Items

1. Marvin Southard suggested developing a subgroup to identify these EBPs for PEI programs. Alice Trujillo volunteered to convene this group with Sandra Naylor Goodwin giving her a CiMH staff name to contact.
2. Jerry Wengerd will take EPSDT issue – how MH EPSDT funds can be used for AOD services – to CMHDA Medi-Cal Policy Committee.

Carol Wilkins presented a CMS letter that talks about potential draft regulations for the Rehab Option; it proposes the use of Peer Support Services to address MH and AOD in an integrated manner. Marvin Southard and Jerry Wengerd cautioned the group about this being a potential enticement for a waiver cap which may not be necessarily good for the overall behavioral healthcare benefit.

Partnership

Tom Renfree stated that the subcommittee has not met, but he continues to speak with Sandra Naylor Goodwin about the action items.

Tom Renfree is hoping to expand this subcommittee. Darien De Lu has just joined the subcommittee and Dave Neilsen will look for someone from DMH to join.

Tom Renfree will look at including members from the Managed Risk Medical Insurance Board (MRMIB) for greater contributions to this committee.

Tom Renfree stated that the policy paper about the MHSA and COD has been finalized. It has gone to Michael Cunningham for review. ADP has asked for non-distribution of the paper before ADP reviews and provides changes. Marjorie McKisson is waiting to hear from Michael Cunningham for the okay to distribute.

DMH will also need to review and approve the paper. It should be sent to Michael Borunda and Elaine Bush. Sandra Naylor Goodwin of CiMH would also like to review and approve the paper, coming from the MH/CMHDA side.

Sandra Naylor Goodwin continues to revise and shorten the Prop 63/36 matrix.

Sandra Naylor Goodwin also provided the following reports-which are new business items:

- CiMH is working on a COD Initiative Plan in partnership with ADPI. They would like to use COJAC products for this initiative.
- The upcoming February 2008 California Mental Health Policy Forum will focus on the "Integration of Behavioral and Primary Healthcare." If possible, she would like some members of the Workgroup to help with the planning especially about how to address MH and AOD issues.

Housing

Carol Wilkins stated that this subcommittee has been meeting monthly.

Part of the subcommittee's feedback and follow-up on the Governor's Plan was the identification of a population left out of the MHSA Housing Initiative: families with a parent suffering from COD but without "serious mental illness" and/or involved with Child Welfare or Criminal Justice. Carol Wilkins presented a concept paper that begins to fill in the details of what is needed to develop a COD supportive housing initiative to address the needs of such homeless families.

Next steps

- Develop recommendations for others through this COD Housing Initiative (Action Plan 5.1.2.)
- Look at other states with housing initiatives
 - What are the keys to success in CA?
- Get support from constituent groups with the roll-out of the initiative.

The Workgroup posed the following questions:

- How can they move the concept paper forward?
- Where does the subcommittee hope this will go?

Carol Wilkins responded:

- Policy Council?
- Joint Legislative Committee?
- Marvin Southard stated that the final paper should be made available for county directors for use in MHSA Housing processes. It would be a good resource.

Screening

Vivian Brown talked about the written report that was distributed. This written report was requested at the last Workgroup meeting. Sandra Naylor Goodwin stated that the written report is important data for the MHSA PEI planning that will happen in L.A., since trauma-exposed children are a priority population in MHSA PEI.

The screening tool has been translated into Spanish. There are programs that would like copies of the tool. Cheryl Trenwith asked if the tool is available. Vivian Brown stated that any pilots will need to use two as the cut point, and this change will be reflected in the tool. Marvin Southard asked if the two directors could approve the posting of the Screening tool on the COJAC website. **Response:** ADP is working on developing a RFP for the validation of the tool.

Vivian Brown stated that the subcommittee will present the Screening tool information on Feb 7-8, 2008, at the L.A. COD conference. It was suggested that an EPSDT workshop should also be presented at this conference and could be done by the Funding/Financing Subcommittee. Carol Wilkins will do a presentation on Housing.

Licensing & Certification

There was no subcommittee report.

New Business

Marvin Southard asked for the nomination of two COJAC Workgroup members to be representatives at the L.A. MHSA PEI planning process. The two COJAC Workgroup members would be a COD delegate and alternate for the L.A. MHSA PEI planning process. Marvin Southard had sent a letter to Cheryl Trenwith asking for these nominations. The following COJAC Workgroup members volunteered:

- Jim O'Connell
- Vivian Brown

Cheryl will send an official letter to Marvin Southard once the two volunteers work out their selected roles.

Next Meeting

Location: CIMH Offices
Date: Oct. 24, 2007
Call-in #: 916-552-6503